# \*Made possible by the support of Kaslo Chamber of Commerce\*

### ONGOING ACTIVITIES/EVENTS (weekly, bi-weekly, monthly)

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CATEGORY	DAYS/TIMES/COST/OTHER INFO	
YOGA w/Josana	Fees: \$18 drop-in, \$150 for 10-class pass (valid for 1 year) DROP-IN: Mon & Wed: 4:00-5:30pm Thurs: 9:00-10:30am Contact: josanastarbuck@gmail.com to register or for more information	
	BEGINNER/BACK TO BASICS YOGA: Tuesday 5:15-6:45pm/Thursday 4:00-5:30pm (new 9 week series begins the first week of July)	
	RESTORATIVE YOGA: Friday July 7th & Friday July 21st, 4:00-5:30pm (these classes are offered in a series of 6 weeks, please inquire about attending a single class)	
	CRYSTAL SINGING BOWLS SOUND BATH: Friday July 28th @ 5:00pm (offered on the 4th Friday of the month), \$20. Pre-register at noemikisssounds.com	
MINDFULNESS, MEDITATION AND HEALING	<ul> <li>Earthing meditation, drop-in, every Saturday. Free. Self-led with a short meet up at 5:00 pm to ask questions and share experiences. At the river, end of 2nd Street (culdesac). Contact christine@tinyisland.ca with questions. NOTE: No earthing meditation July 8 or July 15</li> <li>Traditional Healing Circle for mental health and substance use. Drumming, ceremony and Elder teachings. Open to anyone, ages 15 and up. Second Thursday of every month from 11:30am-1:00pm at St. Mark's Anglican Church (at the back entrance). Contact juanita.coinations@gmail.com for more information or call 777-3683</li> </ul>	
PILATES/DANCE	Check back in September for new classes in dance and pilates with Kaslo Dance Studio!	
MARTIAL ARTS	Aikido @ Mirror Lake Dojo every Sunday from 10:00am-12:00pm. First class free. \$18 drop in, \$60 per month. Contact kootenayaikido@gmail.com	
CO-OP GYM	<ul> <li>High Intensity Interval Training: Wednesdays at 4:00pm, Saturdays at 8:00am (\$60/6 class pass for gym members, \$90/6 class pass for non-members) NOTE: these classes are on pause for the summer</li> <li>Personal Training with Ossie (booking on Saturdays, \$55 per hour for membership holders) To register, email: Ossie.pt@gmail.com</li> <li>You can sign up for a gym membership on the Kaslo Community Fitness Co-Op Facebook page</li> </ul>	
SOFTBALL	Playoffs are the weekend of July 14-16	
	No games during long weekends. Games played at Murray Pearson Ball Park. Snacks, treats and beverages available (cash only, all proceeds go to baseball association)	
	Regular Season Game times Sundays at 4pm and 6pm Mondays at 6pm Tuesdays at 6pm Wednesdays at 6pm	
BASKETBALL	Drop-in basketball is on hold for the summer	
TOUCH RUGBY	Thursdays from 6:00-7:00pm at JVH field. Free, open to everyone (beginners welcome!)	

VOLLEYBALL	Drop-in volleyball is on hold through the summer	
TENNIS	Email kaslotennis@netidea.com or call (250) 353-2258 for information on becoming a member	
BALLROOM DANCE	1st and 3rd Fridays @ Saint Andrew's Heritage Hall. \$5, bring a snack to share if you're so inclined, and your own beverage! 8:00-10:00pm	
ZUMBA!	Thursdays from 6:00-7:00pm @ Heritage Hall (Saint Andrew's Church, in the back room), \$10. Everyone welcome.	
GOLF	Green Fees: 9-holes: \$28 (\$20 weekdays after 4:00pm), 18-holes: \$40     Power Cart Rental Fees: 9-holes: \$15 for one seat, \$20 for two seats, 18-holes: \$20 for one seat, \$38 for two seats     Membership Fees: Full Season: \$703.50, 1/2 Season pass (either ends July 31st or starts Aug 1st): \$351.75, Junior Membership (between 10-14): \$147.00, First-Time Member: \$598.50    Wen's Night: all men - no matter what skill level or handicap - join us every Thursday. Please arrive at least 15 minutes early to sign up and be ready to go for a 4:30pm shotgun start (starts at 4:00pm in April and September). Members - \$10 prize buy-in, Non-Members - \$10 prize buy-in plus green fee. We play 9 holes and then spend time in the clubhouse afterwards with new and old friends. Stick around after golf for the always amazing dinner and the prize awards including the random dinner prize draw and other nightly contests.    Ladies Night: No skill level or golf experience required. We offer playability to all levels. Tuesday is your night to come and socialize. Enjoy 9 holes of golf followed by dinner in our Clubhouse Restaurant. We always have great contests and prizes, and whether you are an avid golfer, or just want to come play for your first time, Kaslo Golf Club is your place to do it. We gather every Tuesday at 3:30 pm for a 4:00 shotgun start. Commencing in May through September.    Seniors Day: (ages 50+): Wednesday mornings (9am start June through August, 10am start in May and September). Weekly prizes, free lunch at the annual windup for all those who participate in a minimum of five days. Members Fee: \$5, Non-Members: \$5 + Green Fee    Junior Golf: Kaslo Junior Golf is a free volunteer-run program that runs Mondays from after May long weekend through the last Monday in June. Grades 1-7, 3-30-5pm. High school, 5-6-30pm. Parents/siblings of participants can golf for free with their child the night of Volunteers always welcome.    RAINBOW Open Tournament for both men and women takes place on July 9	
DISC GOLF	Always free. The disc golf course is in the Kaslo River Trail system.	
PICKLEBALL	<ul> <li>Drop-in at JVH gym. Tuesday/Thursday (except during school holidays/closures) from 6-8pm, \$5. Wear clean gym shoes.</li> <li>Mondays from 9:30-11:30am, Saturdays from 3:00-5:00pm and Sundays</li> <li>*Call 353-2258 for registration, \$5</li> </ul>	
KASLO COMMUNITY SERVICES	<ul> <li>Mothercare Group (anyone pregnant or with a child up to 9 months old)         Wednesdays from 11:00am-1:00pm, free drop-in. Lunch provided</li> <li>Strong Start (open for kids aged 0-6 years old, must attend with an adult)         Tuesdays and Thursdays from 9:30-11:30am, free. Snack, tea/coffee provided</li> <li>NOTE: Mothercare and Strong Start programs are on hold for the summer</li> </ul>	
COMMUNITY	Kaslo Quilters meet every 2nd and 4th Monday at 10am at United Church	

ORGANIZATIONS	Heritage Hall  • Knitting at the Anglican Church on Thursdays from 1:30-3:30pm, \$3 sliding scale
SENIORS	<ul> <li>Carpet Bowling at the Legion Hall: Games at 10:00am Wednesdays (\$3, also requires Seniors Membership) NOTE: Carpet bowling is on hold until the fall</li> <li>Coffee and socializing @ Seniors Centre on Fridays from 9:30-11:30am, \$3</li> <li>Digital Learning Support on Wednesdays by appointment from 3:15-5:45pm, from October to June</li> <li>10% discount at Cornucopia every Friday (ages 65+)</li> <li>10% discount on regular priced items at Front Street Market 1st Wednesday of the month (ages 65+)</li> <li>10% discount on supplements at Sunnyside Naturals</li> <li>Seniors Exercise and Tea @ Lardeau Valley Community Hall on Thursdays from 1:00-3:00pm, free (250-366-4236)</li> <li>Keeping Connected Exercise Class @ St. Andrew's Heritage Hall on Fridays from 9:30am (\$50 for the season or \$5 drop-in)</li> <li>Drop-in social walking group on Tuesdays at 10:00am. Rain or shine! Meet at Abbey Manor. Light, easy walking for all abilities. Scooters welcome.</li> <li>Open art studio at Abbey Manor (July 21st from 1:00-3:00pm). Join us for a peaceful and artful afternoon! Bring your own projects or start something new with Art Therapist Christine Parton. Art supplies, tea and treats provided! Registration required.</li> <li>Seniors Bowling in Meadow Creek at Lardeau Valley Community Hall, June 19th. Registration required. Call Kathy at 353-7691 to register or email kathyallaire@kaslo.services</li> <li>*To register, or for more information on events, call Kathy at 353-7691 or email kathyallaire@kaslo.services</li> </ul>
YOUTH CENTRE	<ul> <li>Self-identified Girls Drop-in, Wednesdays from 3:00-6:00pm</li> <li>Friday Night Drop-in from 7:00-10:00pm (every second Friday). Drop-ins for June are on the 2nd, 16th and 30th</li> <li>Dungeons and Dragons: Sundays from 1:00-3:00pm. Snacks provided. Email kaslodnd@gmail.com for more information</li> <li>Drop-in summer art group, ages 8-11, no experience necessary. Wednesdays from 1:00-3:00pm (from July 12-Aug 30)</li> <li>Drop-in teen art group, July 19 and Aug 16, no experience necessary, 3:30-5:00pm</li> </ul>
MUSIC/OPEN MIC	<ul> <li>OPEN MIC w/ Kevin John 1st Wednesday of every month at the Angry Hen, 6-9pm</li> <li>Youth Kootenay Garage Band is open to new participants (contact Jay at <a href="mailto:ipdanley77@gmail.com">ipdanley77@gmail.com</a>)</li> <li>Kaslo Summer Music Series, presented by the Langham Cultural Centre and Kootenay Lake Innovation Centre, every Saturday from June 24th-September 9th at Front Street Park. This year, they're focusing on new-to-Kaslo performers, with some great award-winning professional and semi-professional travelling bands.</li> </ul>
IMPROV	Stay tuned for future dates!
ART	<ul> <li>Kids art sessions at JVH (free but registration required) hosted by North Kootenay Lake Community Services on Wednesdays at 3:15pm, except during school closures</li> <li>Check out the new exhibits at the Langham Galleries (see 'Langham' section for details!)</li> <li>Youth drop-in art programs (see 'Youth Centre' section above)</li> </ul>
GAMES	<ul> <li>Bridge on Wednesdays at 1:00pm at Abbey Manor, newcomers welcome</li> <li>Board games/cards are also available at the library and at the Angry Hen to play</li> </ul>

	while you're there!
FOOD HUB	Kaslo Food Cupboard (a non-barrier food access program for those who find themselves in need): Tuesday, 10:00am-1:00pm and Thursday, 5:00-7:00pm
FARMER'S/ COMMUNITY MARKETS	<ul> <li>Kaslo Saturday Market takes place weekly from June-October @ Front Street Park, 9:00am-1:00pm</li> <li>Lardeau Valley Sunday Market takes place weekly at Meadow Creek Hall from 10:00am-2:00pm</li> </ul>
LEGION	<ul> <li>Friday night meat draws, 50/50 and members draw, shuffleboard, pool, darts, cards. Draws begin at 5:30.</li> <li>NOTE: Friday night dinners are on hold until the fall</li> </ul>
LIBRARY	Open Poetry Circle, 2nd Wednesday of the month, 1:30-3:30pm
LANGHAM	<ul> <li>Galleries open from Thursday-Sunday, 1:00-4:00pm. Free (Exhibitions run from May 13 until July 21-'Altered Perceptions Through Death &amp; Mourning' by Robin Wiltse, and 'Layered: Fusing Nature and Experience' by Heather Good)</li> <li>Office Hours Tuesday-Thursday 10:00am-5:00pm (closed from 1-2pm)</li> <li>Japanese Canadian Museum Hours: Tuesday-Thursday 10:00am-5:00pm, Friday-Sunday 1:00-4:00pm</li> </ul>
KASLO COUNCIL	Meetings are 2nd and 4th Tuesdays of the month at 6pm, available on Zoom. See full list of council meetings and agendas at <a href="https://kaslo.ca/p/council-meetings">https://kaslo.ca/p/council-meetings</a> (You can find the Zoom link there as well)
HEALTH SERVICES	<ul> <li>Kaslo Health Clinic (downstairs at Kaslo Hospital): Monday-Friday 9:00am-5:00pm (pre-booked appointments only, NO drop-ins)</li> <li>Kaslo Lab (downstairs through Health Clinic doors) Wednesdays, Thursdays. Walk-ins from 8:30am (limited number of walk-ins). 7:40am-11:50am for pre-booked appointments. Call 353-2291 (Ext 5) to book an appointment with the lab</li> <li>*NOTE: Additional walk-in service will be available every second Friday beginning June 2nd at the lab between 8:00-10:00am and 10:30am-12:00pm.</li> <li>Community Acupuncture every other Friday from 1:00-5:00pm at St.Andrew's Heritage Hall (last intake at 4:00pm)</li> </ul>
SELKIRK COLLEGE	Open Monday-Thursday from 8:30am-3:30pm Open Monday and Wednesday from 6:30-8:30pm Closed from 12:00-1:00pm  Did you know there are free Spanish and French language clubs, open to everyone, at Selkirk? Whether you're a total beginner or a total expert, come out and join!  Spanish Club, Mondays from 12:30-1:30pm French Club, Tuesdays from 9:30-10:30am
MTN MAN MIKE'S	Bus routes:  • Kaslo-Vancouver (Weds & Sat)  • Vancouver-Kaslo (Thurs & Sun)  • Kaslo-Calgary (Monday)  • Calgary-Kaslo (Tuesday)  For more information on fees, pickup/dropoff locations, etc visit mountainmanmikes.ca

## PLACES TO EAT/DRINK

TREEHOUSE RESTAURANT  Open Tuesdays-Sundays 7:00am-3:00pm  Now also serving BBQ on Wednesdays starting at 5:00pm! Pobrisket, chicken, pork and a variety of sides to choose from, proceptions for groups of 2 or 4.
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BLUEBELLE BISTRO	Open Thursday-Monday from 8:30am-3:00pm Closed Tuesday and Wednesday
ANGRY HEN	Open Mondays-Thursdays 12:00pm-9:00pm Open Fridays-Sundays 11:30am-9:00pm *Kitchen is open until 8:00pm daily
	Come check out the new menu!
	Wing Wednesdays: 5-7pm, \$5 off a pound of wings
WAYPOINT @ Kaslo Hotel	Kitchen open 11:30am-9:00pm daily Tuesday Trivia Nights from 7:30pm-9ish
GOLF COURSE CLUBHOUSE	Chinese and Western cuisine Closed Mondays Tuesdays and Thursdays open 11:00am-4:00pm Wednesdays, Fridays, Saturdays, Sundays open 11:00am-7:00pm
CHEZ SERGE'S	Open everyday 12:00pm-9:00pm
SUNNYSIDE NATURALS	Open Mondays-Saturdays from 9:00am-6:00pm Open Sundays from 10:00am-5:00pm
BUDDY'S PIZZA	Open Thursdays, Fridays and Saturdays from 3:00-8:00pm 'Fantastic' Fridays' live music w/Jay Danley and Tom Thompson (every Friday from 5:00-8:00pm)
TERESA'S	Open from 7:00am-3:00pm Monday-Saturday Closed Sundays
KASLO LEGION	Open Thursdays and Saturdays from 4:00-7:00pm Open Fridays from 4:00-8:00pm *members and guests
KANE'S LANDING	Open Monday-Friday from 8:00am-1:00pm
THE PARLOUR	On Facebook at 'The Parlour Kaslo' or at hazelayn.wixsite.com/theparlour. Located at 315 4th Street
HUMMINGBIRD COFFEE	Open 7:30-11:30am on Fridays, Saturdays and Sundays

### **OTHER SERVICE HOURS**

LIBRARY	Tuesday, Wednesday, Thursday 10am-6pm Friday and Saturday 11am-3pm
TRANSFER STATION	Summer hours (May 1-September 30) Tuesday, Friday, Sunday from 9:00am-3:00pm (closed on stat holidays)
THRIFT STORE	Wednesdays 1:00pm-6:00pm Thursdays-Saturdays 11:30am-2:00pm *Hours depend on availability of volunteers
CREDIT UNION	Mondays 9:30am-4:30pm Wednesdays 9:30am-4:30pm Fridays 9:30am-5:00pm
FRONT STREET MARKET	Open daily from 8:00am-8:00pm

CORNUCOPIA	Open Mondays-Saturdays 9:00am-5:30pm, closed on Sundays
ERIC'S MEAT MARKET	Open Tuesdays-Saturdays, 9:30am-5:30pm Closed Sundays and Mondays
HUSKY	Open Mondays-Fridays 5:00am-8:00pm Open Saturdays 6:00am-8:00pm Open Sundays 7:00am-8:00pm
ESSO	Open everyday from 6:00am-7:00pm
CITY HALL	Monday-Friday, 10:00am-3:00pm
PHARMACY	Open Mondays-Saturdays 9:30am-5:30pm Closed Sundays
LAUNDROMAT	Open everyday from 8:00am-8:00pm
KOOTENAY LAKE ARCHIVES	Open Mondays from 7:00-9:00pm, Thursdays 9:00am-noon Or by appointment (call 353-3204)
KLIC (Kootenay Lake Innovation Centre)	24/7 access for members, drop-ins welcome. Internet, co-working desks, private phone, meeting room, coffee and tea facilities Email grow@kootenays.org
SS MOYIE/VISITOR CENTRE	Visitor centre open Tuesday, Wednesday, Thursday from 9:00am-4:00pm (Ship admission open from 10:00am-4:15pm)

#### **JULY CALENDAR OF EVENTS**

DAY	DATE	EVENT
Sat	July 1  Canada Day	<ul> <li>Carnival Fundraiser @ Vimy Park, 11:00am-1:00pm. Cake walk, old-time games, music, scenes from Shakespeare's 'The Tempest,' hot dogs, mini donuts, popcorn! Come out for an all ages carnival! All proceeds support the new library project.</li> <li>SS Moyie National Historic Site presents 'A Homecoming Celebration!' Cake cutting at 2:00pm, storytelling, ribbons, music and half price admission all day.</li> <li>Kaslo Summer Music Series @ Front Street Stage, 4:00-6:00pm. Chimp It &amp; Jazzy Jo (guitar and vocal infused electronic, remixed funk, soul, disco)</li> <li>IDidaRide walk-up registration takes place from 5:00-7:00pm at arena</li> <li>2023 Kootenay Lake Angler Incentive Event starts today (https://www.anglersatlas.com/event/735/2023-kootenay-lake-summer-an gler-incentive-derby-2023)</li> </ul>
Sun	July 2	<ul> <li>IDidaRide! Check out the website at <u>ididaride-kaslo.ca</u> to see the list of events!</li> <li>Preview of Shakespeare's 'The Tempest' performance at Front Street Stage, 7:00pm</li> </ul>
Tues	July 4	<ul> <li>Property Taxes are due today by 4:00pm. Taxes paid late will incur 10% penalties.</li> <li>Live music @ Angry Hen Brewing: Frank Patrick, 6:00pm</li> </ul>
Wed	July 5	Open mic w/Kevin John @ Angry Hen Brewing, 6:00-9:00pm
Thurs	July 6	Deadline to register for Freedom Quest's Youth Camp Trip (taking place)

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		at Duncan Lake July 11, 12, 13). Contact lisette.mccracken@freedomquestyouthservices.com for more info  Shakespeare's 'The Tempest.' Tickets at Eurythmy Studio or Sunnyside (\$20 regular, \$15 students). Show starts at 7:00pm
Fri	July 7	<ul> <li>Shakespeare's 'The Tempest.' Tickets at Eurythmy Studio or Sunnyside (\$20 regular, \$15 students). Show starts at 7:00pm</li> <li>Fantastic Friday @ Buddy's (live music with Jay Danley and Tom T, 5:00-8:00pm)</li> <li>First Annual Woods Talk (a forest healing event at the Eastern Sun Sanctuary, near Retallack). July 7-9. Camp out in the wilderness, connect deeply with the forest, eat deliciously wholesome meals (provided daily), enjoy live music, practice forest meditations, hike to Lyle Lakes, and discover innovative, hands-on techniques to regenerate a clear-cut with Forestry Ecologist Ben Barclay. Starting price \$175 (depends on accommodations). For tickets and more information visit <a href="https://www.tribe.visionaryfund.com/woodstalk">www.tribe.visionaryfund.com/woodstalk</a>, or email dustinthemoment@protonmail.com</li> </ul>
Sat	July 8	<ul> <li>Kaslo Summer Music Series @ Front Street Stage, 4:00-6:00pm. Groovineers (jazz fusion, funk, rock and groove)</li> <li>Shakespeare's 'The Tempest.' Tickets at Eurythmy Studio or Sunnyside (\$20 regular, \$15 students). Show starts at 7:00pm</li> <li>Outdoor Movie Night! Presented by Kootenay Savings. SHREK, 9:00pm @ Kaslo Logger Sports Field. Admission by donation, all proceeds go to Kaslo &amp; District Public Library. Bring a blanket!</li> <li>First Annual Woods Talk (a forest healing event at the Eastern Sun Sanctuary, near Retallack). July 7-9. Camp out in the wilderness, connect deeply with the forest, eat deliciously wholesome meals (provided daily), enjoy live music, practice forest meditations, hike to Lyle Lakes, and discover innovative, hands-on techniques to regenerate a clear-cut with Forestry Ecologist Ben Barclay. Starting price \$175 (depends on accommodations). For tickets and more information visit www.tribe.visionaryfund.com/woodstalk, or email dustinthemoment@protonmail.com</li> </ul>
Sun	July 9	First Annual Woods Talk (a forest healing event at the Eastern Sun Sanctuary, near Retallack). July 7-9. Camp out in the wilderness, connect deeply with the forest, eat deliciously wholesome meals (provided daily), enjoy live music, practice forest meditations, hike to Lyle Lakes, and discover innovative, hands-on techniques to regenerate a clear-cut with Forestry Ecologist Ben Barclay. Starting price \$175 (depends on accommodations). For tickets and more information visit <a href="https://www.tribe.visionaryfund.com/woodstalk">www.tribe.visionaryfund.com/woodstalk</a> , or email dustinthemoment@protonmail.com
Thurs	July 13	<ul> <li>Kaslo Forest Play Summer Day Camp (ages 4-6) w/Heather Stark and Sarah Pollick. \$45 per day, per child, 9:00am-3:00pm July 13, 20, 27 and August 3. For more information or to register, contact Heather at kasloforestplay@gmail.com</li> <li>Live music @ Angry Hen Brewing: Cam Penner and Jon Wood, 6:00pm</li> </ul>
Fri	July 14	<ul> <li>Kaslo Softball Playoffs! Check out kasloslopitch.com for a complete schedule of games.</li> <li>Concession will be open at the beginning of the first game Friday, Saturday at 8:00am, Sunday at 7:00am. Serving coffee/tea &amp; breakfast sandwiches until 11:00am, then burgers, hot dogs and snacks/ice cream until closing. We will close at the end of the last game of the day Beer Garden will be open 11:00 am-7:30pm.</li> <li>Climate Adaptation Garden Party @ Kemball Memorial Building,</li> </ul>

		<ul> <li>1:00-3:00pm. Firesmart landscaping, invasive species presentation, tea party refreshments! Presentations at 2:00pm.</li> <li>Fantastic Friday @ Buddy's (live music with Jay Danley and Tom T, 5:00-8:00pm)</li> <li>Kaslo Racquet Club invites you to the reopening of Kaslo's newly renovated outdoor pickleball and tennis courts. 4:00-6:00pm. Tacos, cake and refreshments, an opportunity to try your hand at pickleball or tennis at no cost (paddles, racquets and balls provided)</li> </ul>
Sat	July 15	<ul> <li>Kaslo Softball Playoffs! Check out kasloslopitch.com for a complete schedule of games</li> <li>Kaslo Summer Music Series @ Front Street Stage, 4:00-6:00pm. Latin Lovers (Latin rhythms, cumbia, rumba and reggae)</li> </ul>
Sun	July 16	Kaslo Softball Playoffs! Check out kasloslopitch.com for a complete schedule of games.
Tues	July 18	Heart to Canvas presents: Fun With Acrylics Summer Art Camp (ages 11-13), 1:00-4:00pm July 18, 19 and 20. \$225 per person, space limited to 6 participants. Contact <a href="mailto:klboehlke@gmail.com">klboehlke@gmail.com</a> or 353-1534
Wed	July 19	<ul> <li>Heart to Canvas presents: Fun With Acrylics Summer Art Camp (ages 11-13), 1:00-4:00pm July 18, 19 and 20. \$225 per person, space limited to 6 participants. Contact <a href="klboehlke@gmail.com">klboehlke@gmail.com</a> or 353-1534</li> <li>Free drop-in Teen Art Group, 3:30-5:00pm @ Kaslo Youth Centre. All materials included, no experience necessary. Email juliejames@kaslo.services for any more information</li> </ul>
Thurs	July 20	<ul> <li>Kaslo Forest Play Summer Day Camp (ages 4-6) w/Heather Stark and Sarah Pollick. \$45 per day, per child, 9:00am-3:00pm July 13, 20, 27 and August 3. For more information or to register, contact Heather at kasloforestplay@gmail.com</li> <li>Heart to Canvas presents: Fun With Acrylics Summer Art Camp (ages 11-13), 1:00-4:00pm July 18, 19 and 20. \$225 per person, space limited to 6 participants. Contact klboehlke@gmail.com or 353-1534</li> <li>Live music @ Angry Hen Brewing: Nancy Moon, 6:00pm</li> </ul>
Fri	July 21	<ul> <li>Open art studio at Abbey Manor (July 21st from 1:00-3:00pm). Join us for a peaceful and artful afternoon! Bring your own projects or start something new with Art Therapist Christine Parton. Art supplies, tea and treats provided! Registration required.</li> <li>Kaslo Summer Music Series @ Front Street Stage, 4:00-6:00pm. Diyet (Indigenous folk trio) *This is a Friday show for Summer music series</li> <li>Fantastic Friday @ Buddy's (live music with Jay Danley and Tom T, 5:00-8:00pm)</li> </ul>
Thurs	July 27	Kaslo Forest Play Summer Day Camp (ages 4-6) w/Heather Stark and Sarah Pollick. \$45 per day, per child, 9:00am-3:00pm July 13, 20, 27 and August 3. For more information or to register, contact Heather at kasloforestplay@gmail.com
Fri	July 28	<ul> <li>Live music @ Angry Hen Brewing: Kuja Collective, 6:00pm</li> <li>Fantastic Friday @ Buddy's (live music with Jay Danley and Tom T, 5:00-8:00pm)</li> </ul>
Sat	July 29	Kaslo Summer Music Series @ Front Street Stage, 4:00-6:00pm.

## JULY 2023 GARBAGE/RECYCLING SCHEDULE

DATE	PICKUP	
July 4	Garbage and recycling	
July 11	Garbage	
July 18	Garbage and recycling	
July 25	Garbage	