

## KASLO CALENDAR: **OCTOBER 2023**

\*Made possible by the support of Kaslo Chamber of Commerce\*

### ONGOING ACTIVITIES/EVENTS (weekly, bi-weekly, monthly)

CATEGORY	DAYS/TIMES/COST/OTHER INFO
<p>YOGA w/JOSANA</p>	<p><u>Monday</u>: 4:00 to 5:00pm KIRTAN by donation at the door (suggested: \$10) No class on Mon Oct 9th (Thanksgiving Stat). Starting in November we will offer drop-in Yoga on Mondays</p> <p><u>Wednesday</u>: 4:00 to 5:30pm DROP-IN YOGA</p> <p><u>Thursday</u>: 9:00 to 10:30am DROP-IN YOGA</p> <p>BEGINNER/BACK TO BASICS YOGA (8 week series):</p> <p><u>Tuesday</u> 5:15 to 6:45pm</p> <p><u>Thursday</u> 4:00 to 5:30pm</p> <p>These classes are pre-registration. Drop-in may be available if pre-arranged. A new 7 week series will begin the first week in November focusing on the chakra system.</p> <p>Drop-In RESTORATIVE YOGA: first and third Friday of the month from 4:00 to 5:30pm</p> <p><u>Friday Oct 6</u> Santosha 4:00-5:30pm</p> <p><u>Friday Oct 20</u>: Ishvara Pranidhana 4:00-5:30pm</p> <p>CRYSTAL SINGING BOWLS SOUND BATH WITH NOEMI KISS: This is offered on the fourth Friday of the month (unless otherwise noted). <u>Friday October 27 @ 5:00pm</u> Treat yourself to a profound and deeply relaxing and healing experience that is very therapeutic, nourishing your vibrational being at a very deep level. The cost is: \$20.00. PLEASE SEND YOUR REGISTRATION AND Non-refundable PREPAYMENT TO: Noemi Kiss at: <a href="mailto:noemi.kiss@gmail.com">noemi.kiss@gmail.com</a> You can now register and pay on Noemi's website at: <a href="http://www.noemikissounds.com">www.noemikissounds.com</a></p>
<p>KIDS &amp; TEEN YOGA w/ALYSSA</p>	<p>Embodied movement, stories, fun, connection. At the Loki Room in the Langham (second floor). Pre-registration required, contact <a href="mailto:achatfield57@gmail.com">achatfield57@gmail.com</a>. Drop-ins \$12. October 11 and October 25 (Wednesdays). Ages 5-8 from 3:15-4:15pm. Ages 9-12 from 4:00-5:00pm.</p>
<p>KASLO DANCE STUDIO</p>	<p>Classes will run for 13-weeks from Tuesday, September 12 until Tuesday, December 5. September-December 2023 schedule:</p> <p><b><u>Tuesdays with Glynis (September 12-December 5)</u></b></p> <p>1:30-2:30pm- Creative Dance ages 3-5</p> <p>3:00-4:00pm- Combo 1 (acro/jazz and grooves) ages 5-7</p> <p>4:00-5:00pm- Combo 2 (acro/jazz and grooves) ages 8-11</p> <p>5:00-6:30pm- Combo 3 (acro/jazz and grooves-90 minute class) ages 12+</p> <p>6:30-7:30pm- Open Level Pilates-<i>register for a 4 week session</i></p> <p>7:30-8:30pm- Adult open level grooving and combos ages 16+</p> <p><b>Pilates</b> is beginning a new 4-week session beginning on Tuesday, October 10. The cost for pilates is \$70 for 4 weeks of class.</p> <p>Age ranges are a guideline. Please email me if you are interested in a specific class, for class placements, or have questions as to which class would be best for you as a dancer.</p>

	<p>If you are interested in the open level Pilates class, please email me for pricing and further registration information as it is slightly different from the dance classes as it will run in 4 week sessions.</p> <p>For registration information please contact Glynis at <a href="mailto:kaslo.dance@gmail.com">kaslo.dance@gmail.com</a></p>
MINDFULNESS, MEDITATION AND HEALING	<ul style="list-style-type: none"> <li>• Traditional Healing Circle for mental health and substance use. Drumming, ceremony and Elder teachings. Open to anyone, ages 15 and up. Second Thursday of every month from 11:30am-1:00pm at St. Mark's Anglican Church (at the back entrance). Contact <a href="mailto:juanita.coinations@gmail.com">juanita.coinations@gmail.com</a> for more information or call 777-3683</li> <li>• Qi Gong at Argenta Rose Temple, Mondays from 3:30-4:30pm. Suggested donation \$20. No-one turned away due to lack of funds. No previous experience necessary.</li> </ul>
MARTIAL ARTS	Aikido @ Mirror Lake Dojo every Sunday from 10:00am-12:00pm. First class free. \$18 drop in, \$60 per month. Contact <a href="mailto:kootenayaikido@gmail.com">kootenayaikido@gmail.com</a>
KASLO ARENA	<p>Re-opening October 10th!</p> <p>Public Skate: 6:00-8:00pm on Fridays and 2:00-4:00pm on Sundays  Moms and Tots Skate: 11:00am-12:00pm on Sundays  Sticks and Pucks: 12:00-2:00 on Sundays  Figure Skating: 9:30-10:30am on Mondays and 4:00-5:45pm on Fridays</p> <p>For hockey schedules, events, admission and other information, please visit the arena website (<a href="http://kasloarena.ca">kasloarena.ca</a>)</p>
KASLO CURLING	Registration is October 5th from 6:30-8:00pm at the curling club. If you're unable to attend this time to register, email <a href="mailto:kaslocurling@gmail.com">kaslocurling@gmail.com</a>
CO-OP GYM	<ul style="list-style-type: none"> <li>• Personal Training with Ossie (booking on Saturdays, \$55 per hour for membership holders) To register, email: <a href="mailto:Ossie.pt@gmail.com">Ossie.pt@gmail.com</a></li> <li>• You can sign up for a gym membership on the Kaslo Community Fitness Co-Op Facebook page</li> </ul>
BASKETBALL	Drop-in basketball was on hold for the summer, but hoping to start again soon! Keep your eyes peeled for more details to come
TOUCH RUGBY	Thursdays from 6:00-7:30pm at JVH field. Free, open to everyone (beginners welcome!)
VOLLEYBALL	Drop-in volleyball is on hold through the summer. Stay tuned for more updates.
TENNIS	Email <a href="mailto:kaslotennis@netidea.com">kaslotennis@netidea.com</a> or call (250) 353-2258 for information on becoming a member
BALLROOM DANCE	1st and 3rd Fridays @ Saint Andrew's Heritage Hall. \$5, bring a snack to share if you're so inclined, and your own beverage! 8:00-10:00pm
ZUMBA!	Thursdays from 6:00-7:00pm @ Heritage Hall (Saint Andrew's Church, in the back room), \$10. Everyone welcome.
DISC GOLF	Always free. The disc golf course is in the Kaslo River Trail system.
PICKLEBALL	<ul style="list-style-type: none"> <li>• Drop-in at JVH gym. Tuesday/Thursday (except during school holidays/closures) from 6-8pm, \$5. Wear clean gym shoes.</li> <li>• At the new courts by the arena: Mon/Wed/Fri from 8:00-10:30am, Tue/Thur/Sun from 5:00-7:30pm</li> <li>• *Call 353-2258 for registration or for more information</li> </ul>

<p>KASLO COMMUNITY SERVICES</p>	<ul style="list-style-type: none"> <li>• Mothercare Group (anyone pregnant or with a child up to 9 months old) Wednesdays from 11:00am-1:00pm, free drop-in. Lunch provided</li> <li>• Strong Start (open for kids aged 0-6 years old, must attend with an adult) Mondays from 1:30-3:30pm and Thursdays from 9:30-11:30am, free. Snack, tea/coffee provided</li> </ul>
<p>COMMUNITY ORGANIZATIONS</p>	<ul style="list-style-type: none"> <li>• Kaslo Quilters meet every 2nd and 4th Monday at 10am at United Church Heritage Hall</li> <li>• Knitting at the Anglican Church on Thursdays from 1:30-3:30pm, \$3 sliding scale</li> </ul>
<p>SENIORS</p>	<ul style="list-style-type: none"> <li>• Carpet Bowling at the Legion Hall: Games at 10:00am Wednesdays (\$3, also requires Seniors Membership) NOTE: Carpet bowling is on hold until the fall</li> <li>• Coffee and socializing @ Seniors Centre on Fridays from 9:30-11:30am, \$3</li> <li>• Digital Learning Support on Wednesdays by appointment from 3:15-5:45pm, from October to June</li> <li>• 10% discount at Cornucopia every Friday (ages 65+)</li> <li>• 10% discount on regular priced items at Front Street Market 1st Wednesday of the month (ages 65+)</li> <li>• 10% discount on supplements at Sunnyside Naturals</li> <li>• Seniors Exercise and Tea @ Lardeau Valley Community Hall on Thursdays from 1:00-3:00pm, free (250-366-4236)</li> <li>• Keeping Connected Exercise Class @ St. Andrew's Heritage Hall on Fridays from 9:30am (\$50 for the season or \$5 drop-in)</li> <li>• Drop-in social walking group on Tuesdays at 10:00am. Rain or shine! Meet at Abbey Manor. Light, easy walking for all abilities. Scooters welcome.</li> <li>• Open art studio at Abbey Manor (July 21st from 1:00-3:00pm). Join us for a peaceful and artful afternoon! Bring your own projects or start something new with Art Therapist Christine Parton. Art supplies, tea and treats provided! Registration required.</li> <li>• Seniors Bowling in Meadow Creek at Lardeau Valley Community Hall, June 19th. Registration required. Call Kathy at 353-7691 to register or email <a href="mailto:kathyallaire@kaslo.services">kathyallaire@kaslo.services</a></li> </ul> <p>*To register, or for more information on events, call Kathy at 353-7691 or email <a href="mailto:kathyallaire@kaslo.services">kathyallaire@kaslo.services</a></p>
<p>YOUTH CENTRE</p>	<ul style="list-style-type: none"> <li>• Self-identified Girls Drop-in, Wednesdays from 3:00-6:00pm</li> <li>• Friday Night Drop-in from 7:00-10:00pm</li> <li>• Dungeons and Dragons: Every second Sunday starting October 8, from 1:00-4:00pm. Ages 12-18. Snacks provided. Email <a href="mailto:kaslodnd@gmail.com">kaslodnd@gmail.com</a> for more information</li> <li>• Drop-in summer art group, ages 8-11, no experience necessary. Wednesdays from 1:00-3:00pm (from July 12-Aug 30)</li> <li>• Drop-in teen art group, July 19 and Aug 16, no experience necessary, 3:30-5:00pm</li> </ul>
<p>MUSIC/OPEN MIC</p>	<ul style="list-style-type: none"> <li>• OPEN MIC-1st Wednesday of every month at the Angry Hen, 6-9pm</li> <li>• Youth Kootenay Garage Band is open to new participants (contact Jay at <a href="mailto:jpdanley77@gmail.com">jpdanley77@gmail.com</a>)</li> </ul>
<p>IMPROV</p>	<p>Stay tuned for future dates!</p>
<p>ART</p>	<ul style="list-style-type: none"> <li>• Kids art sessions at JVH (free but registration required) hosted by North Kootenay Lake Community Services on Wednesdays at 3:15pm, except during school closures</li> <li>• Check out the new exhibits at the Langham Galleries (see 'Langham' section for details!)</li> <li>• Youth Art and Culture Program: <b>POTTERY with Sarah Lawless</b> in the Foods room at JVH. This is a 3-part series (October 19, October 26, November 2) from 3:00-4:30pm, ages 6-11. Free, but registration required. Snacks provided! For</li> </ul>

	<p>registration and information, contact Sarah Evans at <a href="mailto:sarahevans@kaslo.services">sarahevans@kaslo.services</a> or call 353-7691</p>
GAMES	<ul style="list-style-type: none"> <li>• Bridge on Wednesdays at 1:00pm at Abbey Manor, newcomers welcome</li> <li>• Board games/cards are also available at the library and at the Angry Hen to play while you're there!</li> </ul>
FOOD HUB	<p>Kaslo Food Cupboard (a non-barrier food access program for those who find themselves in need): Tuesday, 10:00am-1:00pm and Thursday, 5:00-7:00pm</p>
FARMER'S/ COMMUNITY MARKETS	<ul style="list-style-type: none"> <li>• Kaslo Saturday Market takes place weekly from June-October @ Front Street Park, 9:00am-1:00pm</li> <li>• Lardeau Valley Sunday Market takes place weekly at Meadow Creek Hall from 10:00am-2:00pm</li> </ul>
LEGION	<ul style="list-style-type: none"> <li>• Friday night meat draws, 50/50 and members draw, shuffleboard, pool, darts, cards. Draws begin at 5:30.</li> <li>• Friday night dinners are back! Dinner at 6:00pm</li> </ul>
KASLO LIBRARY	<ul style="list-style-type: none"> <li>• Open Poetry Circle, 2nd Wednesday of the month, 1:30-3:30pm</li> <li>• Digital Learning Support ongoing till June 2024. Having tech trouble? Struggling with a device? Want some support using technology? Bring us your devices and your questions! Wednesdays book an appointment for guided troubleshooting with your technology. Make an appointment by calling 250-353-2942 or emailing <a href="mailto:kaslolibrary@gmail.com">kaslolibrary@gmail.com</a></li> <li>• Create your very own unique journal. Ages 8+. Friday, October 6th. 3:15 pm – 5:30 pm Registration required.</li> <li>• Family Storytime - Saturdays 10:00 am to 11:00 am</li> <li>• Join us at the library for Mini Maker CR-afternoons. To register for individual sessions, email <a href="mailto:kaslolibrary@gmail.com">kaslolibrary@gmail.com</a>. Four sessions (Oct/Nov/Dec) First session is on Oct 13th 3:15 - 4:30 pm– an afternoon of Pokémon-themed crafts.</li> <li>• New Library Project Fundraiser: An evening of entertainment featuring Deryn Collier performing “The Aunt June Files”. Harp music with Diemm and Delicious Delectable Desserts from Sweetie Pie! Sunday, October 15th 7:00 pm at the Langham Cultural Centre. All proceeds go to the New Library Project. Tickets are \$50, and limited seats are available. Purchase your ticket at the library. Entertainment, dessert &amp; refreshments are included in the ticket price. For more information, contact 250-353-2942 or <a href="mailto:info@kaslo.bclibrary.ca">info@kaslo.bclibrary.ca</a></li> <li>• Wreck This Journal is a fun way to relax and unwind. A journal filled with quirky prompts to spark creativity and overcome the fear of the blank page by destroying: poking holes through pages, adding photos and defacing them, painting pages with coffee, colouring outside the lines, and so much more. Join us at the library for 6 weeks, Mondays from 6:30 – 7:30 pm. Starts October 16th – November 20th. This is a free programme for adults. Limited seats available. To register, contact <a href="mailto:kaslolibrary@gmail.com">kaslolibrary@gmail.com</a></li> <li>• Teen Meet Up! For ages 12 – 18. Join us at the library for after-school activities and snacks. We meet from 3:15 pm until 4:30 pm. In October, we will be making spooky soap.</li> <li>• Join local author Brian D'eon for a reading from his new book 'The Draper Catalogue' on Thursday, October 26 at 6:30 pm.</li> <li>• Check out the library's website and events at <a href="https://kaslo.bc.libraries.coop/calendar/">https://kaslo.bc.libraries.coop/calendar/</a></li> </ul>
LANGHAM	<ul style="list-style-type: none"> <li>• Galleries open from Thursday-Sunday, 1:00-4:00pm. Free. The following exhibitions run from July 28 to October 6: <b>'Smoked'</b> (Kaslo-based ceramic artist Sarah Lawless presents a series of earthenware ceramic vessels that explore humans' complex relationships and cultural associations with smoke), and <b>'Untangling the Knot: the Art of Honouring Ancestors'</b> (with a desire to make sense of her own history, Carol Ladas Gaskin created a series of 37 collages, each inspired by the life of one of her ancestors)</li> </ul>

	<ul style="list-style-type: none"> <li>• New exhibitions in the Langham galleries as of October 13, running until December 15. <b>Rachel Warnock's</b> exhibition, <b>'Pile,'</b> documents single-use plastics before they are forever disposed of. She uses large-scale paintings to discuss our boundless culture of consumption and waste through a critical, and very pink, lens. <b>Louis Bockner,</b> Argenta-based photographer, presents his exhibition, <b>'Road's End,'</b> which is an ongoing project telling the story of life at the end of the road. Black and white photos describe a place where the old ways are still present and how self-sufficiency and community may be the ultimate currency in a future shaped by economic uncertainty and climate change.</li> <li>• Office Hours Tuesday-Thursday 10:00am-5:00pm (closed from 1-2pm)</li> <li>• Japanese Canadian Museum Hours: Tuesday-Thursday 10:00am-5:00pm, Friday-Sunday 1:00-4:00pm</li> </ul>
KASLO COUNCIL	<p>Meetings are 2nd and 4th Tuesdays of the month at 6pm, available on Zoom. See full list of council meetings and agendas at <a href="https://kaslo.ca/p/council-meetings">https://kaslo.ca/p/council-meetings</a> (You can find the Zoom link there as well)</p>
HEALTH SERVICES	<ul style="list-style-type: none"> <li>• Kaslo Health Clinic (downstairs at Kaslo Hospital): Monday-Friday 9:00am-5:00pm (pre-booked appointments only, NO drop-ins)</li> <li>• Kaslo Lab (downstairs through Health Clinic doors) Wednesdays, Thursdays. Walk-ins from 8:30am (limited number of walk-ins). 7:40am-11:50am for pre-booked appointments. Call 353-2291 (Ext 5) to book an appointment with the lab</li> <li>• *NOTE: Additional walk-in service will be available every second Friday beginning June 2nd at the lab between 8:00-10:00am and 10:30am-12:00pm.</li> <li>• Community Acupuncture every other Friday from 1:00-5:00pm at St.Andrew's Heritage Hall (last intake at 4:00pm)</li> </ul>
SELKIRK COLLEGE	<p>Open Monday-Thursday from 8:30am-3:30pm  Open Monday and Wednesday from 6:30-8:30pm  Closed from 12:00-1:00pm</p> <p>Upcoming courses:</p> <ul style="list-style-type: none"> <li>• <b>BOOKKEEPING</b> for Small Business and Non-Profits Little or no previous experience keeping the books for a small business or non-profit? Learn the basics of manual "pencil and paper" bookkeeping and avoid making errors entering data into your software system. Includes the accounting cycle, recording transactions to journals and ledgers, tax remittance as well as how to read financial statements. 2 classes October 14 &amp; 15 COST: \$189 + GST</li> <li>• <b>BABYSITTING</b> Red Cross Certification Sunday, October 22  Is your child interested in earning some extra money through babysitting? This course, open to youth aged 11-14, will teach general first aid, basic childcare, what to do in an emergency, crafts, games and more. Here's the link: <a href="https://www.selkirk.ca/babysitter-certificate-red-cross">https://www.selkirk.ca/babysitter-certificate-red-cross</a></li> <li>• <b>EMERGENCY FIRST AID</b> with CPR C (Worksafe OFA1 Equivalent) Friday, October 13 TIME: 8:30 am – 5 pm.</li> <li>• <b>CULTURAL CONNECTIONS</b> (free but please come in to Selkirk to register!), October 23. Join Indigenous Cultural Assistant Ann-Marie Smith and come create an Indigenous-inspired craft, share some stories and make cultural connections. Ann-Marie brings a wide variety of artistic experience and knowledge to her work with students of all ages.</li> <li>• <b>FORAGING FOR MUSHROOMS:</b> available both October 14th and October 21st</li> <li>• <b>CANADIAN FIREARMS SAFETY-NON RESTRICTED FIREARMS:</b> October 28</li> </ul>
MTN MAN MIKE'S	<p>Bus routes:</p> <ul style="list-style-type: none"> <li>• Kaslo-Vancouver (Weds &amp; Sat)</li> <li>• Vancouver-Kaslo (Thurs &amp; Sun)</li> <li>• Kaslo-Calgary (Monday)</li> <li>• Calgary-Kaslo (Tuesday)</li> </ul>

For more information on fees, pickup/dropoff locations, etc visit [mountainmanmikes.ca](http://mountainmanmikes.ca)

**PLACES TO EAT/DRINK**

TREEHOUSE RESTAURANT	Open Tuesdays-Sundays 7:00am-3:00pm
BLUEBELLE BISTRO	Open Thursday-Monday from 8:30am-3:00pm Closed Tuesday and Wednesday
ANGRY HEN	Open Mondays-Thursdays 12:00pm-9:00pm Open Fridays-Sundays 11:30am-9:00pm *Kitchen is open until 8:00pm daily
WAYPOINT @ Kaslo Hotel	Kitchen open 11:30am-9:00pm daily Tuesday Trivia Nights from 7:30pm-9ish
GOLF COURSE CLUBHOUSE	Chinese and Western cuisine Closed Mondays Tuesdays and Thursdays open 11:00am-4:00pm Wednesdays, Fridays, Saturdays, Sundays open 11:00am-7:00pm
CHEZ SERGE'S	Open everyday 12:00pm-7:00pm
SUNNYSIDE NATURALS	Open Mondays-Saturdays from 9:00am-6:00pm Open Sundays from 10:00am-5:00pm
BUDDY'S PIZZA	Open Thursdays, Fridays and Saturdays from 3:00-8:00pm 'Fantastic' Fridays' live music w/Jay Danley and Tom Thompson (every Friday from 5:00-8:00pm)
TERESA'S	Open from 7:00am-3:00pm Monday-Saturday Closed Sundays
KASLO LEGION	Open Thursdays and Saturdays from 4:00-7:00pm Open Fridays from 4:00-8:00pm *members and guests
KANE'S LANDING	Open Monday-Friday from 8:00am-1:00pm
THE PARLOUR	On Facebook at 'The Parlour Kaslo' or at <a href="http://hazelayn.wixsite.com/theparlour">hazelayn.wixsite.com/theparlour</a> . Located at 315 4th Street
KTUNAXA GRILL	Open Monday- 8:00am-11:30am Open Wednesday from 11:00am-8:30pm Open Thursday-Sunday from 8:00am-8:30pm <i>Grill is closed between 4pm and 5pm</i> Patio is open! Dinner Reservations required after 5pm.
JB'S	Open Wednesday-Sunday from 3:00-8:00pm Happy hour from 3:00-5:00pm
FLETCHER'S FRIES	Open Thursday-Monday from 11:00am-7:00pm Closed Tuesday and Wednesday

**OTHER SERVICE HOURS**

LIBRARY	Tuesday, Wednesday, Thursday 10am-6pm Friday and Saturday 11am-3pm
TRANSFER STATION	Winter hours (Oct 1-April 30) Tuesday, Friday, Sunday from 10:00am-3:00pm (closed on stat holidays)
THRIFT STORE	Wednesdays 1:00pm-6:00pm Thursdays-Saturdays 11:30am-2:00pm *Hours depend on availability of volunteers
CREDIT UNION	Now open 5 days a week! Monday-Thursday 9:30am-4:30pm Fridays 9:30am-5:00pm
FRONT STREET MARKET	Open everyday (except Sunday) from 9:00am-7:00pm Open Sundays from 10:00am-6:00pm
CORNUCOPIA	Open Mondays-Saturdays 9:00am-5:30pm, closed on Sundays
ERIC'S MEAT MARKET	Open Tuesdays-Saturdays, 9:30am-5:30pm Closed Sundays and Mondays
HUSKY	Open Mondays-Fridays 5:00am-8:00pm Open Saturdays 6:00am-8:00pm Open Sundays 7:00am-8:00pm
ESSO	Open everyday from 6:00am-7:00pm
CITY HALL	Monday-Friday, 10:00am-3:00pm
PHARMACY	Open Mondays-Saturdays 9:30am-5:30pm Closed Sundays
LAUNDROMAT	Open everyday from 8:00am-8:00pm
KOOTENAY LAKE ARCHIVES	Open Mondays from 7:00-9:00pm, Thursdays 9:00am-noon Or by appointment (call 353-3204)
KLIC (Kootenay Lake Innovation Centre)	24/7 access for members, drop-ins welcome. Internet, co-working desks, private phone, meeting room, coffee and tea facilities Email <a href="mailto:grow@kootenays.org">grow@kootenays.org</a>
SS MOYIE/VISITOR CENTRE	Visitor centre open Tuesday, Wednesday, Thursday from 9:00am-4:00pm (Ship admission open from 10:00am-4:15pm)

### OCTOBER CALENDAR OF EVENTS

DAY	DATE	EVENT
Sun	Oct 1	Lardeau Valley Fall Harvest Festival from 11:00am-4:00pm at Lardeau Valley Community Centre. Contests! (Biggest pumpkin, best pickled anything, most unusual shaped veggie, etc) and races (potato sack, egg on a spoon, three-legged). Races at 1:30pm. Lawn tractor races at 2:00pm (pre-registration required).
Tues	Oct 3	<ul style="list-style-type: none"> <li>'See Something, Say Something' workshop (online). 12:00-1:00pm. Presented by BC Community Response Networks. Open to everyone, this is a workshop aimed at reducing risk for older adults. Learn more:</li> </ul>



		<p><a href="https://bccrns.ca/.../see-something-say-something-workshop-6">https://bccrns.ca/.../see-something-say-something-workshop-6</a> Register: <a href="https://us06web.zoom.us/join/register/tZ0rf-2hqioiHt1GYWszqj1s2Y9SXFjUnl8Q?fbclid=IwAR3kejRp_V5rUR-d7glglwUeuNFtwZpdPy6tU7vYFgX8VOopomtNaXc-YVg#/registration">https://us06web.zoom.us/join/register/tZ0rf-2hqioiHt1GYWszqj1s2Y9SXFjUnl8Q?fbclid=IwAR3kejRp_V5rUR-d7glglwUeuNFtwZpdPy6tU7vYFgX8VOopomtNaXc-YVg#/registration</a></p> <ul style="list-style-type: none"> <li>• Community Discussion of RDCK Climate Action (for Kaslo residents) 4:00-7:00pm at the Legion</li> <li>• BC Libraries present 'Conversations on Climate: Award Winning Authors Talk About Life on a Warming Planet' (Author Kim Stanley Robinson, October 3 from 6:30-8:00pm, online event). Register at <a href="https://www.crowdcast.io/@bclibraries-present">https://www.crowdcast.io/@bclibraries-present</a></li> </ul>
Fri	Oct 6	<ul style="list-style-type: none"> <li>• Second Annual Kootenay Mushroom Festival Pre-Festival Movie! 8:00pm at the Legion, included with Kootenay Mushroom Festival registration.</li> <li>• The Inland Isle Men's Quartet presents 'An Evening of Song' at 7:00pm at Eurythmy Studio. Tickets \$20, available at Sunnyside or Eurythmy Studio/Bookstore.</li> <li>• The Langham presents: 'Are You Listening?' (written and performed by Zaynab Mohammed) Tickets \$15, available at Sunnyside and Willow. 7:00-9:00pm</li> <li>• Ballroom Dance @ Saint Andrew's Heritage Hall. \$5, bring a snack to share if you're so inclined, and your own beverage! 8:00-10:00pm</li> </ul>
Sat	Oct 7	<ul style="list-style-type: none"> <li>• Last Kaslo Saturday Market of the season @ Front Street Park from 9:00am-1:00pm</li> <li>• Acapella Singing Workshop by donation (suggested donation \$10) at Eurythmy Studio at 10:30am</li> <li>• Gerald Garnett annual squash sale at the new library lot to raise funds to complete the outdoor classroom/community shelter. 9:00am-1:00pm</li> <li>• Second Annual Kootenay Mushroom Festival (A celebration of all things fungal! Guided forays, expert-led workshops, an artisan's market, followed by dinner (separately ticketed) with entertainment.) Check 'Kootenay Mushroom Festival' Facebook page for ticket link and workshop descriptions.</li> </ul> <p>Schedule for Mushroom Festival:</p> <p>Saturday October 7:</p> <p>9:00-9:30am: Registration and opening remarks (Kaslo Legion)</p> <p>9:30am-12:00pm: Guided forays with expert leaders (Various locations around Kaslo and the surrounding forest)</p> <p>12:00-2:00pm: Lunch and more! Browse the Mushroom Market, visit the ID tables, and take in a special performance from The Chanterelles Kids' Choir! (Kaslo Legion)</p> <p>2:00-3:30pm: Workshop session number 1! Each participant will choose one session per time slot. (Various locations around Kaslo)</p> <p>3:30-4:00pm: Break and move to next session.</p> <p>4:00-5:30pm: Workshop session number 2! Each participant will choose one sessions per time slot. (Various locations around Kaslo)</p> <p>6:00pm-12:00am: Mushroom banquet, social, and general mushroom party with special musical guests Dubconscious and Grandpa Phunk. (Kaslo Legion)</p> <p>***Paid add-on! Be sure to buy in advance to avoid disappointment and hunger. All-ages. Alcoholic and non-alcoholic beverages will be available for sale.***</p> <p>...**~ MOVIE NIGHT on OCTOBER 6, 2023 ~**...</p> <p>We've expanded our offerings this year, and we will kick off with a casual film night</p>



		<p>on Friday, October 6, 2023. This event starts at 8:00 p.m. and will be held at the Royal Canadian Legion, Kaslo Branch, 403 5th Street, Kaslo.</p> <p>A selection of mushroom-related films of varying lengths will be on view. Parking is at the Legion or on the surrounding streets. Light refreshments available. This event is included with your Kootenay Mushroom Festival registration.</p>
Weds	Oct 11	Open Poetry Circle at the Kaslo Library, everyone welcome. 1:30-3:30pm
Fri	Oct 13	<ul style="list-style-type: none"> <li>• Kaslo Community Acupuncture Clinic, 1:00-5:00pm, St. Andrew's Heritage Hall. Final intake is at 4:00pm. By donation.</li> <li>• Join us at the Langham from 7:00-9:00pm to check out two new exhibits and enjoy art, wine and refreshments! Free event. New exhibitions run from October 13 to December 15. Rachel Warnock's exhibition, 'Pile,' documents single-use plastics before they are forever disposed of. She uses large-scale paintings to discuss our boundless culture of consumption and waste through a critical, and very pink, lens. Louis Bockner, Argenta-based photographer, presents his exhibition, 'Road's End,' which is an ongoing project telling the story of life at the end of the road. Black and white photos describe a place where the old ways are still present and how self-sufficiency and community may be the ultimate currency in a future shaped by economic uncertainty and climate change.</li> </ul>
Sun	Oct 15	<ul style="list-style-type: none"> <li>• Kaslo Library presents: An evening of entertainment featuring local author Deryn Collier. Deryn performs 'The Aunt June Files' (the story behind the story of her new novel, 'A Real Somebody') and Diemm plays harp. Tickets \$50, limited number available. All proceeds go to the new library project. Dessert and refreshments included in ticket price. Tickets available for purchase at the library. Show takes place at 7:00pm at the Langham</li> <li>• Fireside Art Therapy presents 'Fall into Nature: Finding Balance with Art and Earthing' (2:00-4:00pm, online workshop) \$30, email <a href="mailto:christine@tinyisland.ca">christine@tinyisland.ca</a> to register</li> </ul>
Thurs	Oct 19	Kaslo Concert Society presents Sarah Hagan, pianist. Show starts at 7:00pm at St. Andrew's United Church. Tickets available at Sunnyside, Willow and at the door. School-aged children free when accompanied by an adult patron. Individual tickets \$25, season's pass (5 concerts) for \$100. To buy season's passes, contact Mandy Bath at <a href="mailto:mbath@kaslo.org">mbath@kaslo.org</a>
Fri	Oct 20	Ballroom Dance @ Saint Andrew's Heritage Hall. \$5, bring a snack to share if you're so inclined, and your own beverage! 8:00-10:00pm
Sun	Oct 22	SS Moyie's 125th Anniversary Dinner, 6:00pm at the Kaslo Legion. Tickets \$75 each, available at Kaslo Visitor Centre, Sunnyside or Willow. All proceeds go towards the event with any additional funds being donated to the ongoing restoration of the National Historic Site. Call 353-2525 to reserve a ticket or to order online.
Mon	Oct 23	CULTURAL CONNECTIONS @ Selkirk College (free but please come in to Selkirk to register!), October 23. Join Indigenous Cultural Assistant Ann-Marie Smith and come create an Indigenous-inspired craft, share some stories and make cultural connections. Ann-Marie brings a wide variety of artistic experience and knowledge to her work with students of all ages.
Thurs	Oct 26	JVH PAC Meeting from 12:00-1:00pm in the school library. Open to any parent of

		a JVH student.
Fri	Oct 27	<ul style="list-style-type: none"> <li>• Kaslo Community Acupuncture Clinic, 1:00-5:00pm, St. Andrew's Heritage Hall. Final intake is at 4:00pm. By donation.</li> <li>• James Brown Duo @ the Langham, 7:00-9:00pm</li> </ul>
Sat	Oct 28	North Kootenay Lake Arts Council AGM, 3:00pm at St. Andrew's Heritage Hall
Sun	Oct 29	<p>Halloweenie! At Argenta Hall, starting at 4:30pm. Attendance by donation. All sausage sale proceeds go to next year's Fall Faire.</p> <p>Schedule:</p> <p>4:30pm-kids costume parade</p> <p>5:00pm-BBQ sausages, music, jack-o-lantern vote (bring your pre-carved pumpkin or other vegetable to win a prize!)</p> <p>6:30pm-square dance and costume contest</p> <p>8:00pm-sculpture burn</p>

**OCTOBER 2023 GARBAGE/RECYCLING SCHEDULE**

DATE	PICKUP
Oct 3	Garbage
Oct 10	Garbage and recycling
Oct 17	Garbage
Oct 24	Garbage and recycling
Oct 31	Garbage